

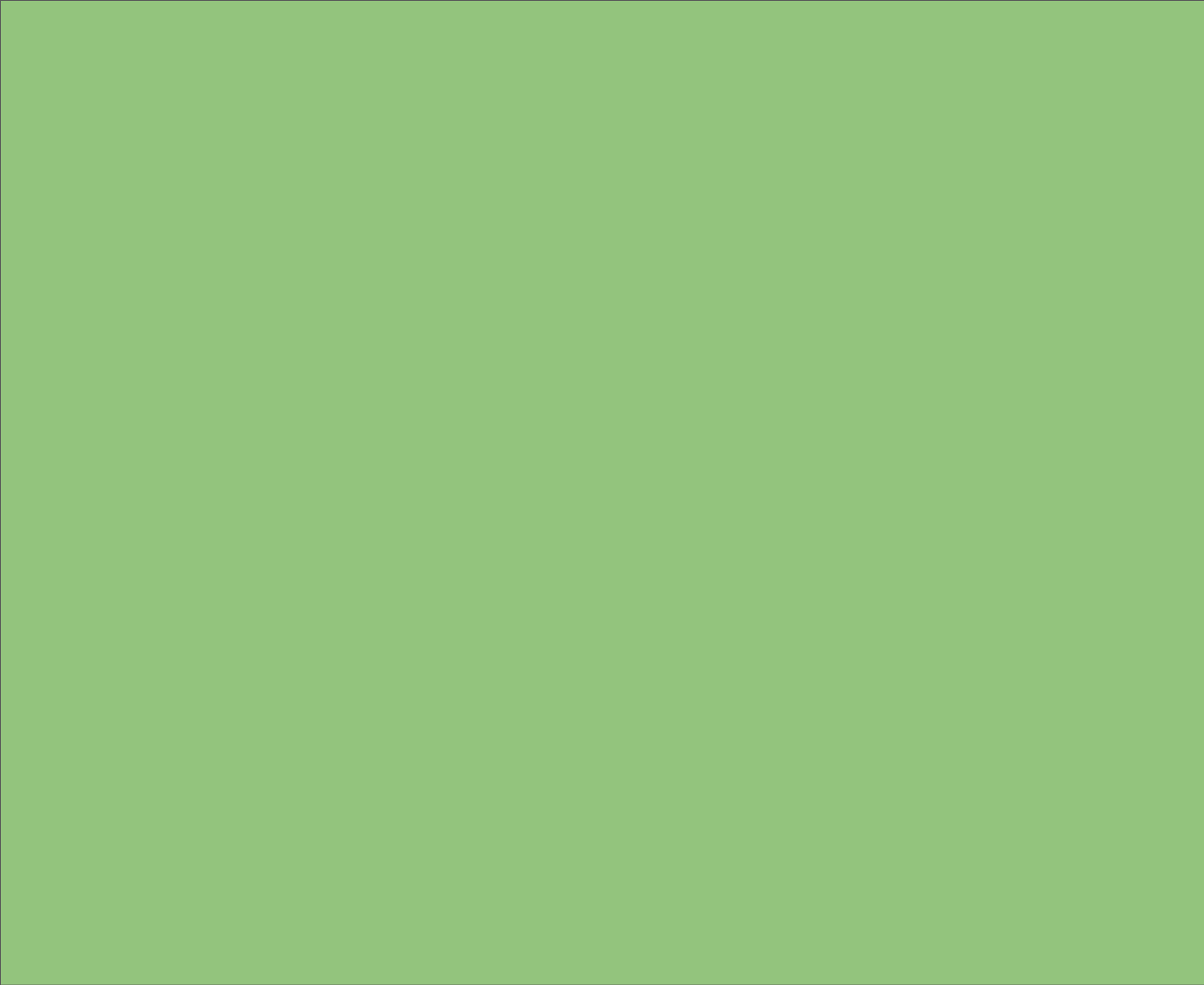


**TRANSFORMING LIVES
THROUGH ADVENTURE**



www.activeconnections.ie

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2022 was a year of development for Active Connections. We have seen strong growth in the past 3 year and 2022 was no exception. This year we grew by 43%.

This growth was focused on the development of two new services for Tusla Kerry and Tusla Waterford and Wexford. This new out of hour service has support 95 young people to remain in their homes. Our ability to pivot and cater to our partners needs is a great testament to the responsiveness of our front line crew members. An ability that has been impactful to many new participants lives.

We also scaled deep on a number of camps, increasing the capacity to support more participants.

With the level of growth we have experienced over the past 3 years we focused much of the development of the organisations to building up the supports for our frontline teams, who have access to a new EA Programme and a new training and mentoring programme for new entrants.

Our organisations holds our participants and crew members at its heart. We will continue to do this as we expand our impact



CEO and founder
Raymond Burke

About Active Connections

Our Vision, is that activity based therapeutic support be available to all people experiencing emotional and/or behavioural difficulties across Ireland.

Founded in 2012 Active Connections CLG is a not for profit company working with young people with behavioural difficulties. Active Connections is leading the charge of introducing adventure therapy based programmes in Ireland.

Since our beginning we have worked in partnership with statutory and non-statutory agencies, delivering programmes to over 3000 young people and their families in Munster and Leinster

Our Mission, is to transform lives through adventure. We do this by engaging our participants in meaningful outdoor guided experiences.



The Problem

Young people that grow up in care are much more likely to be homeless or end up in prison, suffer from poorer mental health and higher suicide rates.

Many of these people will be referred for counselling due to their experiences but can't engage in talk therapy.





Our Impact in 2022

Here is a snapshot of what 2022 looked like for our participants and us thanks to your support:

690

INDIVIDUALS SUPPORTED

22,870

TOTAL IMPACT HOURS

As our impact grows so do the number of individuals that can continue to benefit from our solutions.

New Trails

Is our adventure based
therapeutic support service

New Trails Testimonial

"I don't know exactly what to say but I know I'd like to thank Active Connections especially my key worker for honestly helping me through a rough patch over the past year. Thank you for all the experiences and memories, thank you for turning on the light when I was lost in the dark, just thanks you for everything"
- Darren*

*Name changed to maintain confidentiality

Our Impact- 2022 New Trails/Breakaway

Impact Hours

Impact hours are the actual hours our staff spent with young people experience emotional and behavioural difficulties

8640 Hrs

Number of young people supported

90



Case Study New Trails

Young Person 1 was referred in August 2022 due to high levels of concerns around his welfare and that of his siblings. At the time we began to support DG a residential placement was being sought

Young Person 1 presented as violent and abusive within the home. Young Person 1 was removed from the home by the garda on a number of occasions

Young person 1 also presented with self harm, poor ability to socialise with others peers. YP1 was a victim of ongoing bullying, which lead to school breakdown

In 2023 Active Connections offered 22 New trails sessions, 19 Respond sessions and 2 overnights. Throughout the crisis, AC has been a consistent in YP1 life, supplying support and opportunities to develop

YP1 has maintained his place at home, he is restoring relationship and returning to school YP 1 family continue to show strong levels of resilience.



Feedback from Tusla SW

'Active Connections are very effective and their staff are well trained and willing to work with challenging young people. A fantastic service'
Social Worker - WaWx

'They [Active Connections] reduce tensions in the placement. They help maintain a day as some kids are refusing school. They do help maintain placements.'
Social Worker - WaWx





Our Impact - 2022 Respond

Impact Hours

Impact hours are the actual hours our staff spent with young people experience emotional and behavioural difficulties

5960 Hrs

Number of young people supported

120



Respond programme case study

Young Person 2 has attended 7 Respond sessions and 14 New Trails sessions in 2022. YP2, left his home in 2022 due to child protection concerns. D has moved places 5 times since his removal.

Active Connections supported YP2 on three occasions when his placements ended on short notice.

This support gave confidence to respite foster carers that they would have support whilst caring for YP2 over weekends.

Active Connections interventions have eased the impact of each placement move. YP2 is now settled in a very positive foster placement



Our Impact - 2022 Ember Camps

Impact Hours

Impact hours are the actual hours our staff spent with young people experience emotional and behavioural difficulties

8020 Hrs

Number of young people supported

390



Ember Camps Case Study

Young Person 3, when we first meet YP 3 was struggling, their home placement was at acute risk of breakdown, school was a no go area.

YP 3 started to attend the Ember Camp which gave the family some down time when they could do the basics. YP 3 connected with a number of staff. We increased the support hours to include mid week session.

Slow but surely behaviours reduced, stress reduced. YP 3's became happier in himself and in his ability to cope.

Things at home improved so much that residential care was off the table and that he would return to school.



Our goals for 2023:

10%
GROWTH

25,200
IMPACT HOURS

800
PARTICIPANTS

OUR FUNDRAISING GOAL
FOR 2023 IS

80K

Financial Oversight

The measures taken by the Directors to secure compliance with the Companies Act

2014 regarding the keeping of accounting records include the implementation of necessary policies and procedures for recording transactions, the employment of competent

accounting personnel with appropriate expertise and the provision of adequate resources to the financial function.

The accounting records of the company are located at:

Company Accountant: Chalmers Accounting and Consultancy, Unit P5, Marina Commercial Park, Cork.

Auditor: DK Accountancy, 39 Woodview, Fionn Laoi, Ballincollig, Cork. P31XH22

Internal Finance Committee oversee the financial functioning of the organisation

Directors Information and Compliance Statement

The Board of Trustees acknowledge that they have a responsibility to ensure that the organisation is fully compliant with their obligations under the Companies Act 2014. To this end, the Corporate Governance Subgroup review the internal controls in place on an annual basis.

Board Members

Helen Maguire - Stepped down in 2022

Rebecca Goddard - Stepped down in 2022

Thomas Rickard - Stepped down in 2022

Christopher Burke - Stepped down in 2022

Current Board

Richard Nolan HR and Strategy - Chairperson

Mary Vesser McKay - Company Secretary

Brian O'Donovan - Company Treasurer

Jani Smyth

John Palmer

Scott Ellis

Michael O'Connor

Alan McGettigan

Administration Information

Charity number Revenue (CHY) 22534

Charity Number CRA 20201356

CRO Company Number 563671

Business address Ballinlough, Killeagh, Cork, P35FT26

**Accountants contact Chalmers Accounting and Consultancy, Unit P5, Marina Commercial Park, Cork.
Auditor contact DK Accountancy, 39 Woodview, Fionn Laoi, Ballincollig, Cork. P31XH22**

**Bank Details : Bank of Ireland, 97 Main Street, Midleton, Co. Cork, P25 N723
AIB N Main St, Youghal-Lands, Youghal, Co. Cork**

Leadership Team CEO: Raymond Burke

Service supervisors: Anna O'Toole, Emma Hennessy, Ciaran Walters & Colin Patton

Statement of Administration

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations. Irish Company law requires the directors to prepare financial statements for each financial year. Under the law, the directors have elected to prepare the financial statements in accordance with the Companies Act 2014. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year-end date and of the net income and expenditure of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently
- make judgements and accounting estimates that are reasonable and prudent
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors confirm that they have complied with the above requirements in preparing the financial statements. The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain, and record the transactions of the company, enable at any time the assets, liabilities, financial position and net income or expenditure of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and directors' report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the company's assets and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in Ireland governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions